Betsy-Sue Clarke is leading a movement of change in how we connect to nature in parks and gardens. When fighting for wellness through chronic illness, Betsy-Sue discovered her own connection to nature and spirit was integral to her healing. The determination to share

her passion, knowledge and enthusiasm to the world through Healing Gardens is felt by all who listen. Betsy-Sue's background in Oncology nursing has brought an acute awareness to the urgency for emotional healing for us all and her own journey to wellness is both inspiring and enlightening.



# VENVE

The course will be held online via Zoom, with an additional in person session when restrictions provide for inclusion in person of all participants.

It is not intended that you will be on zoom for the entire day each time. At the beginning of the first session we will co-ordinate the online time and offline time.

Please call or email with any questions!



Director: Betsy-Sue Clarke 0413 044 631 www.dirtscapedreaming.com.au

# HEALING GARDEN DESIGN



A 3 day Introductory course in Healing Garden Design for Landscape Designers, Gardeners and those with a keen interest in creating a Healing Garden. Oct 17, 31 & Nov 21 2021. By Zoom or if restrictions allow all to be included, in Mitcham





Making connections to imagination, playful wonder and our spiritual selves through nature

Making a deep connection to the spirit of nature in a beautiful and safe environment brings peace and harmony within, a place from which emotional healing can be nurtured. As concepts of creating this connection are explored, you have an opportunity to begin the healing of yourself, as every healer must.

'A game changer for Jo was a weekend course she did on Healing Gardens with Betsy-Sue of Dirtscape Dreaming. ..to teach designers how to design gardens for clients (and themselves) that could transcend the normal considerations and be used to soften past hurts or feelings of frustration and sadness. Getting inside the head of the person you are designing a garden for - or with - to find out what they really want' New Beginning article with Jo Ferguson, Green Magazine, issue 79

## HEALING GARDEN DESIGN: AN INTRODUCTION

A profoundly thought provoking course over 3 days, on Sun Oct 17, Oct 31 & Nov 21, 2021. When emotional pain is buried, we begin the process of illness. Creating a deep and personal connection to nature brings feelings of safety & upliftment, enabling a letting go, the state where spiritual growth and wellness can thrive. Creators of gardens must understand these connections to help people and nature heal together. This course will give you an introduction to these concepts with the skills to begin work.

### COURSE OUTLINE:

Briefly, we will explore what makes a garden a healing space, how we connect to our spiritual self through nature, understanding energy and how to improve it, emotional pain and illness, associating positive memories and feelings in gardens, how to listen to people's needs, designing intuitively & reflecting on the results. The course is delivered through discussion, visual material, practical exercises & a design assignment.

#### WELCOMING:

Landscape, garden designers and associated professionals, avid home gardeners interested in healing gardens, those interested in emotional healing, nature connection and spiritual growth. Whilst aspects of the course are presented as the designer & client interview skills they are equally applicable in everyday life. An interest in creating a healing garden design is necessary.

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Imagining places to dream, connect, meditate

Planning places to pause amongst high energy





Inspiring a spiritual connection

Places to hide and heal



Recognising individual

upliftment triggers



Creating the dreams

#### COURSE FEE:

### \$ 1050.00 INC GST

Deposit due on booking:\$ 350.00part 2 by 1 Sept, part 3 by 1 Nov:\$ 350.00 + \$ 350.00Course dates:Sun 17th Oct, Sun 31st Oct & Sun 21st Nov, 10am- 5pm Limited to 8 participants.Please request booking form tobetsy-sue@dirtscapedreaming.com.auVenue if restrictions allow :Natural Pathways Healing Centre, 65 - 67 Percy St, Mitcham, VIC